



SHSA Educational spaces

SHSA DANCE, BALLET & GYMNASTIC TEACHERS



SARAH GAUL

Sarah started her journey as a rhythmic gymnast, which consequently led onto contemporary dancing. Sarah completed her BA (Hons) degree at London Contemporary Dance School, graduating in 2012. At LCDS, she performed choreography by Richard Alston, Rick Nodine and Sue MacLennan. In 2012 Sarah joined Transitions Dance Company at Trinity Laban Conservatoire of Music and Dance. As a dancer with Transitions, Sarah worked with Lauri Stallings, Tom Dale and Augusto Corrieri. Sarah toured Internationally with Transitions in 2013 and graduated with an MA in Dance Performance later the same year. Since graduating, Sarah has worked as a freelance dancer and dance teacher, recently commencing work for Artis Education. Sarah has become a significant member of The Natasha's Project, a dance company raising awareness of global sex trafficking through their work. She is involved as a dancer, as well as a researcher and workshop developer. Since 2013 Sarah has also been a member of the Daisy Farris Dance Collective with performances at Resolutions, 2013, Big Dance, 2014 and The Accidental Festival, 2014.



EVA JAMES

Eva graduated in 2012 from Trinity Laban Conservatoire of Music and Dance in BA(hons) Dance Theatre. Eva has performed as a freelance dancer in various projects such as the Closing ceremony of London 2012 Olympic games, City of London Festival 2012 with Bawren Tavaziva, outdoor work by the Dog Kennel Hill Project Marks, Measure, Maps and Mind, King's Wood, Kent, 'The Game of Life' with Choreographer Jalianne Li and composer Tommaso Perego in Holland, 'Shout' credit card advert, dancer in the exhibition 'Moving Images', by photographer Phil Coy, Siobhan Davies Studios. Eva has taught creative dance and theatre in the community to many different groups including; parents and babies, adults with learning difficulties and children. Eva recently achieved Level 1 in British Sign language and is currently working with children with learning difficulties in Cherry Gardens School, London. She is also currently working with choreographer, Erena Bordon Sanchez in the Natasha's project, raising awareness for human trafficking through dance. Eva has a great passion for dance and disability and in 2013 with Sophie Smyth, taught dance to paralysed patients and children with disabilities in the Centre for the Rehabilitation of the Paralysed in Bangladesh.



SOPHIE BRAIN

Sophie is a professional dancer trained since age 3 in ballet, tap, jazz and street dance. At the age of 18 she went on to further her training at Phil Winstons Theatreworks completing a professional 3 year course in a wide variety of dance styles (ballet, jazz, tap, commercial, street, musical theatre) along with drama and singing. Whilst there she reached associate level of teaching in Modern Jazz at honours standard.

Since graduating from theatre school Sophie has performed in a range of high profile events and shows. Some of these include dancing for Carnival Cruise Lines where Sophie also was a featured soloist.

Since moving to London Sophie has worked as a dancer for companies such as Mercedes Benz, L'oreal, Vodafone, Cisco IT company and most recently danced on the Graham Norton Show for the band Arcade Fire and at MOVE IT dance show, Olympia with The Pulse Collective (tap company) As well as a professional dancer Sophie is also a professional contortionist having performed for Mercedes Benz and with artists Professor Green and Chipmunk. Sophie uses all these aspects of her career when teaching her students and draws on the knowledge from all the different styles she performs and has trained in.



LAUREN MITCHELL

Lauren completed her BA Honours degree in Dance and Politics at the University of Northampton. During this period she made her choreographic debut with the Premier of 'Notions of Fragmentation' at 'Playground Showcase 2010' where she was the recipient of The 'InMotion Award' Winner for excellence in choreography and performance making from The University of Northampton.

Graduating in 2010 Lauren went on to complete Dance4's graduate training program and worked with Choreographer Robert Clark in Dance4 GTP Dance Company 2011. In 2013 Lauren trained at The University of Brighton to complete her PGCE specializing in Dance. Lauren has also has experience teaching KS3, BTEC, GCSE dance and is Choreographer and has created several liturgical dance workshops for women and youth people.



JOANNA BESARAB

As a hip hop dance teacher Joanna aspires to help bring out the creativity and individual identity within her students. Her goal is to always help student explore beyond just dance... but learn the importance of self expression, storytelling, the artistry and craft of dance. Joanne believes atmosphere to a class is key, and therefore creates a class that is positive promotes unconditional individual support to enables individuals to open up, and more importantly be themselves. Dance can give confidence and change lives for the better.

SHSA DRAMA TEACHER



ELLE deBURGH

Elle is an Actor and Director who works as Associate Director with Butterfly Theatre Company. Breathing new life into much loved texts, Butterfly immerse audiences in classic tales, using unusual spaces to set their stories - such as caves, castles and woodlands - and truthful, responsive acting to excite and delight in every moment. butterflytheatre.com and elledeburgh.com

Directing includes:

An Ideal Husband at the National Trust's 16 New Street, Jersey, 2016.

Twelfth Night Scenes with the LSO at St Lukes, London, 2016.

Office Xmas Party at St James Studio, London, 2014.

Sari: The Whole Five Yards at the Tristan Bates theatre coming up later in 2016.

Recent theatre acting roles with Butterfly have included Gwendoline in The Importance of Being Earnest and touring as Lady Capulet in Romeo & Juliet.

Film/TV includes The Bill, Eastenders, Spooks, Provoked, Inspector Lynley, Real Crimes, Holby City, Miss Marple, Don't Watch That Watch This, Star Stories, Five Pints Of Lager And a Packet of Chips, ITV's 'Grease is the Word' Ident... plus many more.

Voice-over for Legends of the Underground at the Breaking Convention, Sadler's Wells 2009.

Assistant Director credits include: Hamlet in Bristol & Germany, Comedy of Errors, Macbeth, The Tempest in Bristol, and Play On Shakespeare with the LSO at the Barbican.



CATHY WALKER

Cathy is a trained actor, with experience in drama & music facilitation & devising. She is also a published illustrator, songwriter and a mum.

Training:

Acting The Poor School, First Class BA Honours, English and William Empson Prize For Acting

A Few of many PERFORMANCES include:

MakeBelieve Arts

PERCHANCE TO DREAM (national tour sponsored by Wellcome Trust)

role: Tired (character, not emotional state!) Oct-Dec 2015

- devised by the Company scripted & directed by Trisha Lee

National Theatre Productions

THE CURIOUS INCIDENT OF THE DOG IN THE NIGHT-TIME 2015

& 2013-14 Gielgud & Apollo Theatre, Stratford Town Hall & Ballet Rambert. Covering Judy, Mrs Shears/ Gascoyne & Mrs Alexander.

Director: Katy Rudd, National Theatre Productions

UNTOLD STORIES 2013 Duchess Theatre, West End Covering
Mam & Woman 1. Director: Drew Mulligan
THE MOUSETRAP St Martin's Theatre - Miss Casewell Director: David
Turner

SHSA MUSIC TEACHERS: Piano, Guitar, Violin, or Voice



SAM WINSTON

<http://samwinstonmusic.com/>

Teaches Guitar/Piano and more...

Sam graduated the University of Sussex in 2010 with a 1st class degree in English Literature and Film Studies. On leaving university he began teaching a number of subjects, but principally Music and Music Technology (Logic Pro recording software).

His interest in music has led him to teach piano, guitar, ukulele, drums and vocals privately to children and adults ranging from 4 to 70 years of age. He also studied singing under Laura Zakian (Jazz Vocal Coach at Trinity College). His vocal skills have been utilised by a number of industry professionals such as award-winning composer Peter Diggens of Aurophonic Studios, and Boy George who he supported during a tour of Amsterdam.

Sam's literary knowledge and passion for everything musical has resulted in the production of an original solo album as a singer-songwriter in his own home built studio, released March 2016. He is also involved in charity concerts supporting Demelza House Hospice, Alzheimer's Research and Young Minds.



VALTIE NUNN

www.valtie.com

www.goldenpianotrio.com

www.vanitystrings.com

Teaches Violin/Piano

Over the last few years Valtie has established herself as a violinist to watch winning numerous prizes and awards and graduating with Distinction in Master of Music and First Class Honors in Bachelor of Music from Trinity College of Music, where she studied with Andrew Sherwood.

As a soloist Valtie has performed with a number of orchestras across the country. Most notable performances include Sarasate's Carmen Fantasy with several Orchestras, Panufnik's Violin Concerto with the Musicians of All Saints, a series of performances of the Stravinsky Violin Concerto in the UK and Germany as a result of winning the Springboard Soloists Competition and several of performances of the Tchaikovsky Violin Concerto with various orchestras across the country.

An avid chamber musician; Valtie enjoys working in both a duo, with pianist Manuel Lopez Jorge, and The Golden Piano Trio. Recent competition successes include 1st prize in the Leonard Smith Duo Competition and 1st place in the Cavatina Chamber Music Competition with The Golden Piano Trio. They were also recently awarded the John Thompson Chamber Music Prize for excellence and part of the ChamberStudio scheme at Kings Place.

DR. TATIANA STEWART-YOUNG

Teaches Violin/Piano and Music Theory



Dr Stewart-Young is a graduate from the Tchaikovsky Moscow State Conservatoire, Russia, studying Organ, Piano, Composition, Choral Conducting, Music Theory and History. After gaining First Degree with Honours (first class), Teaching qualification and a Degree comparable to British PhD standard she studied History of Cultures and Religions at the Lomonosov Moscow State University and usually combine both subjects in my research and teaching activities.

Her work experience includes lecturing at the Russian State University for the Humanities (Moscow) where she taught History of Music, Theory of Music (Harmony, Counterpoint, Music Analysis), Aural skills, Choral conducting, Keyboard Skills, Philosophy of Music and History of Cultures and Religions and lecturing at the University of Edinburgh where she taught Harmony, Counterpoint, Aural Skills, Composition, Orchestration and part of the course called "Music and Ideas" (Music History). She has also conducted various ensembles including string orchestra and brass band and worked as an accompanist.

TAYLOR NOTCUTT

www.taylornotcutt.com

Teaches Piano/Voice and Music Theory

Taylor teaches Piano/Voice and Music Theory. Taylor is a vocalist and pianist studying at Trinity Laban Conservatoire of music and dance. She is currently doing a BMUS in Jazz , whilst also performing and teaching all genres of music. She has performed at festivals, shows, restaurants and bars including Ronnie Scott's Jazz club.



As well as her love for performing she has a great passion for teaching, as a visually impaired learner she developed her own way of learning music.

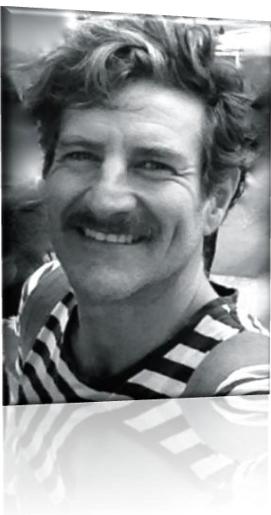
After years of learning by ear, and securing an unconditional offer at Trinity Laban, Taylor began teaching and sharing my alternative methods with my students. She has taught pupils in referral units who have additional needs and behavioural issues and also very young children with short attention spans who require a much more creative approach. Working with a variety of children from different backgrounds has enabled me to develop and tailor her teaching methods including; picture lyrics, coloured notations, games and stories to help remember music theory and songs.

Taylor believes anyone can learn music in their own personalised way without needing to rely on sheet music, as music is something that everyone should enjoy and have the opportunity of learning.



REBECCA BURNS

Rebecca is a home educating mother, writer and professional singer in the pop music industry who specialises in singing, performance and songwriting. She has more than two decades of stage performance under her belt in both theatre and as the lead singer of a pop band - and alongside this career she has consistently worked with young people right up to university age in all performance areas - acting, art, musical theatre, pop and folk music. She helps students grow in confidence and expertise while honing their unique, personal expression and discovering their voice's capabilities and limits. Taking a non formal, creative approach she does not grade her students, and will work with them on whatever they are interested in or aiming for.



BENJAMIN BURNS

Ben is a musician, poet, fighter-jet pilot and father. He has played with many bands over the years and has travelled the globe seeking the perfect sound.

Ben studied music in Sydney, Australia majoring in Jazz Piano, but soon realised that people don't like Jazz, so started playing pop music instead. The ultimate realisation of this mix of experience led him to playing in a modern swing band - finally, the best of both worlds, a pop and jazz milkshake.

Ben writes music for film and video and has collaborated with dancers and romancers, rogues and vagabonds. He currently plays with alt-pop band Belle of the Ball - a band project he started with his beautiful wife, where he can be found playing casio's, keyboards, xylophones and squeeze boxes.

He teaches students one on one piano (and every other instrument lying around his and Rebecca's lounge room) and leads the SHSA Kids Rock/Pop band weekly. His sessions and workshops encourage self expression and musical experimentation, where the children have a chance to really feel the music, understand it, enjoy the freedom of trying out different approaches and even different instruments.



ELISE SU KWOK

Teaches Piano and Music Theory

Elise is a Malaysian-Chinese who is fluent in English, Mandarin and Malay. She is also a mother of two. She holds Certificates of Achievement in Piano and Music Theory with honours from the Associated Board of the Royal Schools of Music and Guildhall School of Music and Drama, LLB (Hons) Law and Postgraduate Diploma (Bar Vocational Course). She is also a member of The Honourable Society of the Middle Temple. Elise started her career as a legal practitioner before she has children of her own.

Her interest in music has led her to teach piano and music theory privately to children of all ages. Elise has a great passion for teaching. She has been teaching privately for the past 2 years. She has since developed and used different approaches to get her students motivated and make learning music fun. She tailors her teaching method according to student's learning pace, needs and requirements in order to develop high level of musicianship. She also prepares her students towards taking piano and/or music theory examinations. Elise is dedicated and strives to provide a supportive environment and high quality musical education to all her students in which they can be nurtured and develop a love of music.

SHSA Visual Art, Sewing & Textile



FAY FRANCIS

Fay holds Honours Degree in Art and Education. She has held positions as Head of Art and Design, KS3, GCSE 'A' Level. Specializing in Ceramics she has also lead exhibitions throughout Bexley. Furthermore she has also held led roles as Head of Art, Head of House, Assistant Head of Year, 2i/c Creative Arts Faculty, Oversight of art, design, music and drama, Oversight and curriculum development Art, Music, RE, Drama, Community partnerships. Along with other project and responsibilities outside of SHSA, Fay currently oversees the Art Programmes at SHSA.



HEATHER GANI

Heather is a Royal College of Art graduate where she specialised in an MA by Research Project in sculpture/textiles, she previously studied fine art textiles/Installations at John Moore's University where she gained a BA (Hon) First. Since then Heather has continued to pursue her own art practice which is a refined combination of sculpture, performance, textiles, video, puppetry complemented by drawings, collage and text. She has been contracted as a prop maker and model maker for several companies over a period of seven years, i.e. ENO (English National Opera) Coliseum, Shepperton Studios. As a teacher, Heather facilitates creative art workshops within schools, galleries, museums and festivals, using diverse media, ranging from puppetry, film and photography to sculpture, ceramics, painting and print making. She has also had the privilege to work with people from diverse backgrounds and various special needs, i.e. creating installations for the Royal Festival Hall. Heather is dedicated to providing high quality Art education for all pupils.



SOPHIE COTTAREL

Sophie is French, she has studied in the prestigious university ENS LSH in Lyon, France and holds a master's degree with distinction in French Literature and Language (Master 2 de Littérature française, 2008) and a teacher graduation of French (Agrégation de Lettres modernes, 2006). She also holds a degree in French as a Foreign Language (FLE, 2004). She has been teaching French in secondary schools in France, also in Germany for one year, and for a few weeks in the French school of Athens, Greece, and in a primary school in Africa. Before she moved to London in January 2016, she lived in Germany for 5 years where she trained as a children's yoga teacher. Currently she teaches children's yoga in German in London.

Sophie has two home educated sons who attend regularly SHSA. She loves the French language since she was a child (as a child she won a children's literature prize and other distinctions) and regularly writes articles for blogs and magazines. Her sessions are as interactive and fun as possible while focusing on conversation to give children practical skills and useful vocabulary.



Dr Kara McAlister

Kara is a US educator and scholar, and started leading reading clubs for children in 2014. Since 2000, she has worked as a teacher educator, lecturer, and educational researcher in the United States, the United Kingdom, Slovakia and the Czech Republic. She earned her Ph.D. from Arizona State University in 2010 in Language and Literacy, and her research interests include cultural and linguistic diversity in education, codeswitching, Third Culture Kids, and homeschooling. She has been a visiting researcher with the ESRC Centre for Research on Bilingualism in Theory and in Practice at Bangor University, and a lecturer for Northern Arizona University in Arizona and CIEE in Prague, Czech Republic and London, UK. Kara has recently moved back to London, UK, and is completing her Primary Teaching Certification.

SHSA DIRECTORS & Advisory Team

SHSA Advisory Team: Mary Pfeiffer, Fay Francis, Dr Kara McAlister, Dr Makeba Garraway, Sarah Gaul, and Ian Connel.



MARY PFEIFFER **Managing Director, SHSA Educational Spaces**

Mary is the mother of two children and married to Tim. She holds a MBA Hons, BEd, CertEd, BA Religious Studies, and MA TEFL. She is the former Gifted and Talented/School Improvement Consultant working in correlation with Waltham Forest LEA overseeing Primary Schools. Mary started her career as a Primary and Secondary school teacher, before taking on leadership roles in Philadelphia, the Bronx New York, and London.

She has always had a passion for the Arts. She is a pianist and played at events and cafes around America in the 90s. She also taught Art courses in New York, and helped facilitate workshops at Philadelphia Art Museum. In the span of 1992-2000 she created a line of greeting cards, which are prints from some of the works she displayed at exhibitions in both Philadelphia and London.

Over the past six years, it has been a great reward for her to see SHSA Educational Spaces from birth to infancy. She is excited about the new opportunities SHSA now has and the growth to come. She is truly blessed to work with such a wonderful team of teachers. Mary is committed to creating opportunities for children, young people, and adults in order to reach their true potential in life. She is honoured to be part of the Board of Directors for SHSA Educational Spaces with Dr Simon Desbruslais and Tosin Awoyinka.



DR SIMON DESBRUSLAIS **Music and Arts Director, SHSA Educational Spaces**

www.simondesbruslais.com

Simon Desbruslais is a British trumpet soloist whose performances have been critically acclaimed as 'steel-lipped', 'musically compelling' and possessing 'supreme confidence and flair'. He came to international prominence with the first ever recording of Hertel's Third Trumpet Concerto on the natural trumpet. This was followed by new trumpet concertos from John McCabe, Robert Saxton and Deborah Pritchard, all recorded for Signum Classics, and David Bendall's ground-breaking Christmas Cantata, for solo trumpet, choir and organ.

Simon has worked with conductors Masaaki Suzuki, Ian Page and Benjamin Bayl on period instruments, and with Marin Alsop, Oliver

Knüssen, Andrew Litton and Ryan Wigglesworth. Solo and chamber collaborators have included Malcolm Martineau, Clare Hammond, Julian Bliss, Mahan Esfahani, Stephen Farr and the Ligeti String Quartet. In addition to championing the work of today's composers, Simon unearths forgotten gems from the Baroque era with his specialist early music ensemble, Collegium.

Simon was educated at King's College London and the Royal College of Music, winning numerous prizes and scholarships. He was also a private student of Eric Aubier in the Conservatoire à Rayonnement Régional de Rueil-Malmaison. Keen to expand on the relationship between performance and musicology, Simon completed his doctorate at Christ Church, Oxford, on the music theory of Hindemith. He also gives regular international lectures and master classes, and is stipendiary lecturer in music at Jesus and Lincoln Colleges, Oxford.



TOSIN AWOYINKA

Financial Director, SHSA Educational Spaces

Tosin was born and raised in London; he and his family have largely resided in East London. He studied Economics and Management at Hertford College, University of Oxford, graduating in 2009.

Tosin is an alumnus of the Sponsors for Educational Opportunities (SEO) London programme (2008). SEO London is a charity that provides access, training and mentoring for outstanding young people from under-represented and under-served communities – this includes university students and secondary school pupils. He regularly contributes to the charity through assisting with training and taking part in the mentoring programme.

Tosin is also in the process of developing an online-based platform motivimi.com, seeking to help young professionals in their career journeys through providing access to, advice from and information about those they'd wish to emulate. He manages the company's accounts and interaction with relevant administrative authorities.

Tosin began his career as an investment banker at Citi in 2009 focused on corporate finance advisory services in the transportation and infrastructure sector. He spent two years as an Analyst in the London office and subsequently landed a place on Citi's global rotation programme, spending a year working in the Los Angeles mergers and acquisitions (M&A) advisory office. He currently works at a Financial Firm in the City of London.

Tosin has a significant amount of experience in financial analysis and accounting principles and possesses a natural propensity to help others and therefore hopes to positively contribute to the SHSA Board and community.